Common Mental Health Disorders System Profiling Tool: Indicator List

**Risk and related factors**

- **Prevalence**
  - Prevalence of depressive symptomatology: Estimated % of population aged 16-74 (annual)
  - Prevalence of anxiety and depressive disorder: Estimated % of population aged 16-74 (annual)
  - Prevalence of social anxiety disorder: Estimated % of population aged 16-74 (annual)
  - Prevalence of obsessive-compulsive disorder: Estimated % of population aged 16-74 (annual)
  - Prevalence of panic disorder: Estimated % of population aged 16-74 (annual)
  - Prevalence of mixed anxiety and depressive disorder: Estimated % of population aged 16-74 (annual)

- **Services**
  - Access to GP services: Number of patients per 10,000 population
  - Access to primary mental health services: Number of referrals per 10,000 population
  - Access to specialist mental health services: Number of patients per 10,000 population
  - Access to social workers: Number of patients per 10,000 population

- **Quality and outcomes**
  - Adult mortality in treatment (quarterly): Age and sex standardised rate per 100,000 population
  - Child mortality in treatment (quarterly): Age and sex standardised rate per 100,000 population
  - Youth mortality in treatment (quarterly): Age and sex standardised rate per 100,000 population
  - Adult mortality in treatment (annual): Age and sex standardised rate per 100,000 population
  - Child mortality in treatment (annual): Age and sex standardised rate per 100,000 population
  - Youth mortality in treatment (annual): Age and sex standardised rate per 100,000 population

- **Finance**
  - Average wait to enter IAPT treatment: Mean wait (in month) waiting <6 weeks for first treatment
  - Average wait to enter IAPT treatment: Mean wait (in month) waiting <18 weeks for first treatment
  - Average wait to enter IAPT treatment: Mean wait (in month) waiting <18 weeks for first treatment (annual)

- **CMHD Pathway**
  - Referrals receiving brief psychodynamic psychotherapy: Number of referrals receiving a course of treatment among adults
  - Referrals receiving interpersonal psychotherapy: Number of referrals receiving a course of treatment among adults
  - Referrals receiving couples therapy: Number of referrals receiving a course of treatment among adults
  - Referrals receiving cognitive behaviour therapy: Number of referrals receiving a course of treatment among adults

- **Outcomes by problem description**
  - Waiting < 18 weeks for treatment (supporting documentation): % of patients who achieve "reliable improvement" (annual)
  - Waiting < 18 weeks for treatment (supporting documentation): % of patients who achieve "reliable recovery" (annual)
  - Waiting < 18 weeks for treatment (supporting documentation): % of patients who achieve "reliable recovery" (in quarter)

- **Availability of therapy type**
  - Availability of cognitive behaviour therapy: % of patients who achieve "reliable recovery" (annual)
  - Availability of cognitive behaviour therapy: % of patients who achieve "reliable recovery" (in quarter)

**Prevalence**

- **CCG**
  - Prevalence of physical disability: Estimated % of population aged 16-74
  - Prevalence of physical disability: Estimated % of people whose day-to-day activities are limited by their health or disability
  - Prevalence of physical disability: Estimated % of people whose day-to-day activities are limited by their health or disability (annual)

- **COUNTY & UA**
  - Prevalence of physical disability: Estimated % of population aged 16-74
  - Prevalence of physical disability: Estimated % of people whose day-to-day activities are limited by their health or disability

**Services**

- **GP register**
  - Referrals receiving employment support: Number of referrals finishing a course of treatment who are "moving to recovery" (annual)

- **CHD and/or diabetes**
  - Referrals receiving couples therapy: Number of referrals finishing a course of treatment who are "moving to recovery" (annual)

- **CHD and/or diabetes**
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### Risk and related factors

#### COUNTY & UA

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#### DISTRICT & UA

- Socioeconomic deprivation: total IMD score
- Socioeconomic deprivation: % of people living in 20% most deprived areas
- Statutory homelessness: rate per 1,000 households
- Supported hostel seekers: rate per 1,000 population
- Elderly poverty: % living in low income households
- Younger poverty: % living in low income households
- Long-term health problems or disability: % of people whose day-to-day activities are limited by their health or disability
- Hospital contacts: % of population who provide substantial unpaid care
- Adults with low education: % of adults with no qualifications or level one qualifications
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### Prevalence

#### COUNTY & UA

- Self-reported well-being: % of people with a low wellbeing score
- Adult smoking: % of the population who are current smokers
- Physical activity: % of population engaging in recommended levels of physical activity
- Satisfaction with social care support: % of service users who are extremely satisfied or very satisfied with their care and support
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### Quality and outcomes

#### COUNTY & UA

- Satisfaction with social care support: % of service users who are extremely satisfied or very satisfied with their care and support
- Employment of people with mental health disorders: % of those with a mental health disorder in employment
- Future prevalence of mixed anxiety and depressive disorder: % of population aged 16-74
- Completing treatment for mixed anxiety and depressive disorder: % of referrals finishing a course of treatment (annual)
- Completing treatment for specific phobias: % of referrals finishing a course of treatment (annual)
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### Outcomes by problem descriptor

#### CCG

- Completing treatment for mixed anxiety and depressive disorder: % of referrals finishing a course of treatment (annual)
- Completing treatment for specific phobias: % of referrals finishing a course of treatment (annual)
- Completing treatment for obsessive compulsive disorder: % of referrals finishing a course of treatment (annual)
- Completing treatment for post-traumatic stress disorder: % of referrals finishing a course of treatment (annual)
- Completing treatment for other anxiety and stress related disorders: % of referrals finishing a course of treatment (annual)
- Completing treatment for obsessive compulsive disorder: % of referrals finishing a course of treatment (annual)
- Completing treatment for other mental health disorders: % of referrals finishing a course of treatment (annual)
- Completing treatment with unspecified problem descriptor: % of referrals finishing a course of treatment (annual)